

Paragraph 2 examples

Academic study

In my media course I have analysed two songs and researched how they represent youth in today's society, which has improved my analytical skills. Management and coaching requires analysis of what the players did well and what they didn't do so well and to help develop ideas on how my team can improve. Science has developed my organisational skills as I have to meet deadlines. I have had to plan experiments, which I then took part in, which prepares me for creating a plan to help my players prepare for the next game. I also learnt about how enzymes work and help the digestive system, giving me added knowledge about a healthy diet and lifestyle. Level 3 Sport allows me to learn about the human body and how that works, along with how the human body moves and problems that can occur with the human body. I create fitness plans with six different fitness tests, which I then used to test a performers fitness. This gave me great experience in coaching because it meant I had to take responsibility for my participant, while being approachable and friendly, in case they had any queries. This allowed them to enjoy the tests, while also being motivated to put his all into the tests. In year 8 I received an award for my attitude and service to the school, and also for PE.

One of my favourite parts of my A-level English course is the cross over between literature and history. Recently, I have been studying the poetry of Donne. This has enabled me to explore the complex culture of 17th century England, a time of huge innovation. After the Renaissance, Britain exploded with new art, new questions, and new discovery. Understanding how Donne's poetry reflected the opinions of the time highlighted to me the importance of culture on how we interpret society and the impact political changes can have on art. History and English have enabled me to develop my analytical style by using other's opinions to form complex arguments. Through my coursework in both subjects, I now appreciate independent study and understand that reading around a subject is invaluable. In developing an understanding of Cromwell's use of the military during the 1600's, I have been able to read books by Royle, Woolrych and Hutton in order to improve my work; Cromwell's Protectorate demonstrates the complex nature of government and the importance of co-operation. My English coursework has also allowed me to focus on the influence of history and politics on literature; '1984' focuses specifically on the damaging effects of dictatorship, as Orwell presents a future dystopia based on his fears of what may have happened had Nazi Germany (and other totalitarian regimes) succeeded in the 1940's.

Studying biology, chemistry and French has been a rewarding mix of A levels and a combination that makes surprising connections. In biology I particularly enjoy the aspects that directly relate to the physical world around me. I feel I have learnt how to apply very complex scientific processes to real life situations whilst gaining practical skills - for example a CPAC certificate, where I learned how to separate DNA for analysis in forensics using gel electrophoresis. Chemistry has enhanced my understanding of biology and the chemical mechanisms that relate to it - biochemistry is an area that particularly interests me; the why and how everything is made up. I enjoy reading about new scientific discoveries; for example, about the detrimental discovery of an enzyme, produced by the Japanese bacterium *Ideonella*

sakaiensis, that can digest plastic - the macro and the micro. In French I have really enjoyed doing the literature part of the course, in particular studying how the Franco-Prussian war affected everyone differently through the eyes of Maupassant; this then allowed me to stem my own ideas on the subjects and begin to question some of Maupassant's.

I chose to study Health and Social Care in the Sixth Form. It has enabled me to learn about family structures and the impact of life changes. I have learned how multidisciplinary teams provide a support network for the family, requiring excellent communication and personalised planning in care. This has increased my awareness of how I interact with others, providing me with a solid base for studying a degree in Midwifery. My understanding of human behaviour developed from studying Psychology. I enjoyed learning about how the theories on attachment are so significant as well as how the mind works. Studying Biology has allowed me to explore how the woman's body becomes adapted to carry and form the foetus; and how genetics play a part in the process. I have developed my practical skills and have learned how to interpret and analyse data from experiments and the importance of accuracy when conducting them. My studies have also taught me the importance of being able to work both independently as well as part of a team.