



UCC

BEST in County**Ambitious • Caring • Equal**UCC is an ambitious, caring community where everyone is equal

SCHOOL BULLETIN

Ullswater Community College

Website: www.ullswatercc.co.uk

WELCOME TO THE FINAL NEWSLETTER OF THE YEAR...

It falls to me to say **Thank You!** to all students, parents and staff for your hard work over the past 12 months. It has been another busy year and I'm pleased to say we have made a lot of positive progress even under the most challenging of circumstances.

Please take a few moments to read through this newsletter, follow the links and find out even more about what a fantastic school and community we have here at UCC. Plans for September are well underway and a lot of useful information can be found on our website and social media feeds.

I have been overwhelmingly impressed with the attitudes of all the students here at UCC. Our year 11s and 13s have done incredibly well throughout the summer series of exams, which for some have been their first real exam experience, and I am confident they will receive the grades they deserve in the summer.

We will be in contact with more information about the A-level and GCSE results days, as well as all the support available to ensure everyone can get to where they want to be nearer the time.

Our finances are in great shape and we have been able to invest even more in the staffing and support for students, especially in relation to their pastoral support, mental health and academic progress. We've also been able to invest in our premises and update a lot of the technology within the school.

We have done our very best to keep those clear lines of communication open, something that we will continue to do as we move into the new year. If we have learnt anything from our experiences of the last few years then it is that we all need to continue to respond to an ever-changing landscape.

As I say every year, the journey to being an Outstanding school is hard, but it is no less than our students deserve and we will continue to build on the progress we have already made.

Once again, our staff have gone above and beyond to do our very best for every one of the young people in our charge. Once again, our parents and carers have done everything they can to support the school and support our students inside and outside school. Once again, our students have proved themselves to be our greatest asset – now and into the future. Their resilience, commitment, attitude, effort and adaptability is to be commended, you should all be very proud of them!

Remember – stay safe, stay in touch and let us know if you need anything. 2022–23 is going to be another incredible year for UCC!

My thanks to each and every one of you

Kind regards

Mr Gilby, Headteacher

Issue 7 – July 2022

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TENNIS STARS!

Congratulations to the Year 7/8 and Year 9/10 boys tennis teams, who are through to the B league Cumbria final!



UCC WOLVES – national champions – again!

Both the UCC Wolves cheerleading squads gave amazing performances at the Manchester Velodrome to win the National Schools Cheerleading Championships at their level. Huge congratulations to the cheerleaders, staff and everyone involved!



DODGEBALL

Two Year 7 and 8 dodgeball teams took part in the Cumbria games, coming away with the Respect Champion award for their fantastic attitude during the competition.



YEAR 10 GEOGRAPHERS IN SILLOTH

The Year 10 geographers had a rewarding field trip to Silloth to study coastal erosion and the impact of tourism in preparation for their Year 11 studies next year.



WIZE UP WITH PENRITH BUILDING SOCIETY

Year 12 students attended a series of inspirational financial “WizeUp” workshops sponsored by Penrith Building Society and led by Ed Flack.

The WizeUp initiative aims to inform sixth form students about the financial world. Sessions are tailored to meet the students’ different aspirations – university, apprenticeship, employment or a gap year.

Rob Jackson, Head of Sixth Form, explained why the WizeUp scheme was such a success:

“School leavers today face complex financial issues, especially when they leave home for university or begin employment. The PBS workshops led by Ed Flack help prepare them for life after sixth form. We are very grateful to Penrith Building Society, whose financial support allows this yearly event to take place. The student were keene to have the opportunity to quiz an expert and gain practical knowledge that will help them for life.”



ALHAMBRA-LONSDALE cinema art COMPETITION

Entries in the Alhambra –Lonsdale Cinema art competition can be seen at the cinema in Penrith.

The winning piece will soon be available to buy as a print! Congratulations Tamar!



YEAR 11 CITIZEN SCIENTISTS



UCC students have been taking part in a citizenship science project. With Geiger counters connected to their smart phones, Year 11 students joined young people from around the world in recording and uploading natural background radiation readings to an online map for analysis and comparison. They were excited to learn that they might be the first to notice an increase in background levels.

They also ran mini-experiments to compare:

- background radiation levels on a sunny day with levels on a cloudy day and at night
- differences in background levels of radiation with granite and other rocks

There was also an experiment involving radioactive bananas!



ISLAMIC DISCOVERY DAY

Year 8 students enjoyed a day discovering Islamic discovery, looking at art, culture and religion.



PIZZA PARTY!

To celebrate their phenomenal successes at Accelerated Reader, 58 students were invited to a pizza party in the library. The students selected were those who read enough throughout the year to secure entry to our differentiated Millionaires' Club. They enjoyed feasting on pizza and an afternoon of games.



ART STUDENTS VISIT CARLISLE

Year 12 art students the Foundation Art course an inspiring, vibrant exhibition at Carlisle College. It was good to see some fantastic work by ex-UCC students!

GCSE AND A-LEVEL ART EXHIBITION

Well done to all our GCSE and A-level art students. The exhibition was really well attended and those who came praised the students' achievement. The students will be able to collect their work from the school in October 2022.

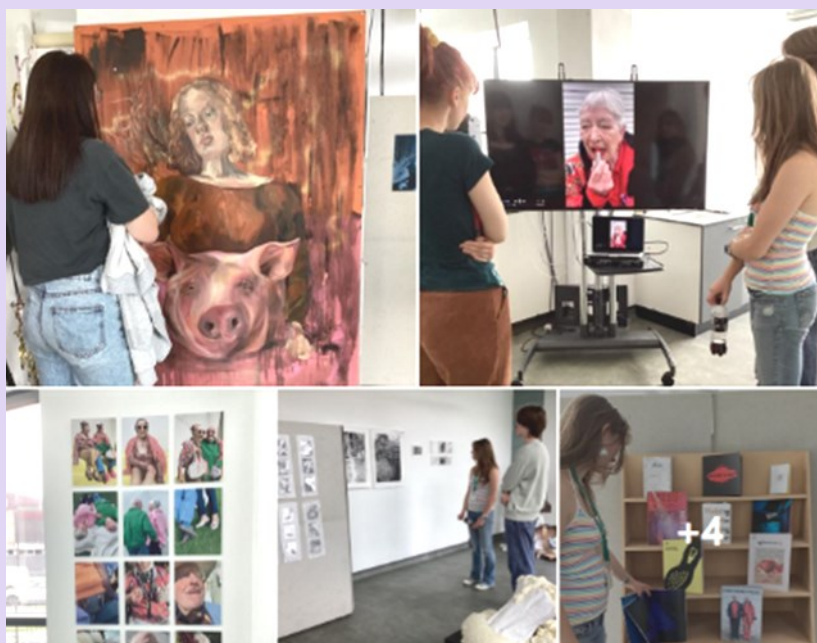
Follow the Art Department Instagram to see more work from students and find out about extra-curricular activities: [@uccartdept](https://www.instagram.com/uccartdept)



ROTARY CLUB DONATION

Thank you to the Rotary Club of Penrith for their donation of £400. This will enable the Art Department to develop the range of glazes we can use for ceramics.

We are really excited to start using the kilns again in September, to see what amazing colours and textures the new resources will produce.



YOUTH CLIMATE FEST – 27 JULY 2022

Are you aged 11 to 18 years and the kind of person who:

- Cares about the environment
- Is interested in campaigning
- Wants to use your voice and be heard
- Would like to meet like-minded young people

Then join us for a free day of activities and workshops at Penrith Methodist Church on Wednesday 27 July 10.30am to 3.30 pm



Youth Climate Fest 2022

Penrith Methodist Church
Wednesday 27th July, 10.30 - 3.30

Calling all Young People aged 11 to 18!
Are you the kind of person who...

- is interested in campaigning?
- cares about the environment?
- wants to use your voice and be heard?
- wants to grow in confidence?
- wants to meet other young Cumbrians who also care about climate change and green living?

sign up below to get your ticket and book transport

Logos: Cumbria County Council, CDEC, NORTH PENNINES, CAFS, LAKE LOND ARTS, ZERO CARBON CUMBRIA, EYC

Workshops on:

- How to make a bicycle-powered smoothie!
- CliMART (Lakeland Arts)
- Cumbria's first Climate Café
- How can I be political? (with Cumbria County Council Participation and Rights Service)
- Youth climate leadership (with Cumbria Development Education Centre)



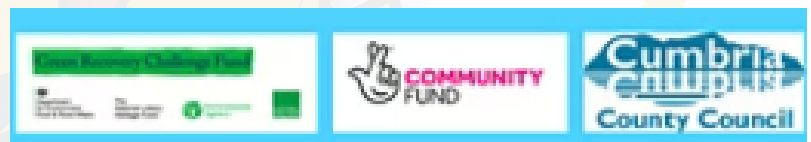
Talks and presentations on:

- School Eco Council round up
- What does a zero carbon Cumbria look like?
- Youth and guest key note speeches
- Youth information market



Attendees will get a free lunch and will be able to chat to organisations displaying their own climate initiatives at stalls.

Click [here](#) to sign up.



FAREWELL TO YEAR 13

We said goodbye and good luck to the Year 13s at their prom on 24th June.



a message FOR YEAR 11

A massive congratulations to all of Year 11 for completing their GCSE exams!

The students were exemplary throughout the exams series and I wish them an amazing prom and a lovely summer

Mr Castle
Head of Year 11



UCC'S FURRIEST member!

We were excited to welcome a new member of the Library team this term – Freya the Reading Dog! Possibly the cuddliest black lab ever, Freya has joined the team and from September 2022 will visit UCC weekly to work with developing readers.

Freya has recently completed her Reading Dog exams and we were delighted when her owner, Kerry, selected UCC as the school they want to work with.

This term, Freya completed two transition days to help her get used to the building. She settled in well, particularly enjoying plenty of treats and an enthusiastic reading of *Oi Dog* by Kes Gray.

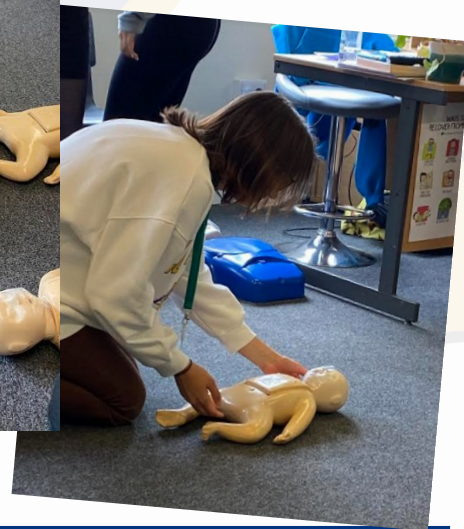


PAEDIATRIC FIRST AID TRAINING

Early Years and Health & Social Care students have successfully completed their Paediatric First Aid training. The course covered how to help a baby or child who is unresponsive, choking, bleeding, suffering from shock, has a burn or is having a seizure.

This was an intense 6 hours of theoretical classroom, and practical work providing students with important first aid skills.

Mrs McCormick



STUDENT LIBRARIAN CELEBRATION

Student Librarians were rewarded for their dedication and enthusiasm with a day off timetable in the library. Alongside student librarians from Newman School, Carlisle, and Samuel King's, Alston, they enjoyed a day of activities based on the skills they have developed as student librarians this year. Activities included:

- demonstrating their communication skills with games of booky articulate
- showing their powers of observation with secret jigsaws
- embracing their creativity with spine poetry
- using all their PR skills in an exploding book activity.

It was a great, fun day enjoyed by all and we're already looking forward to the next one.

Miss McKay, School Librarian



GOVERNOR'S CREATIVE WRITING COMPETITION

UCC governor, Jane Taylor, ran a very popular creative writing competition through the Library this term. Students were challenged to write (and illustrate if they wished) a full story using only 150 words. As many soon discovered, it's not as easy as it sounds!

Matilda Barr, Year 7, was the overall winner for her ominous story *The Mirror With No Reflection*. Jane was thrilled with the quality of the stories and found choosing the winner a tough decision.

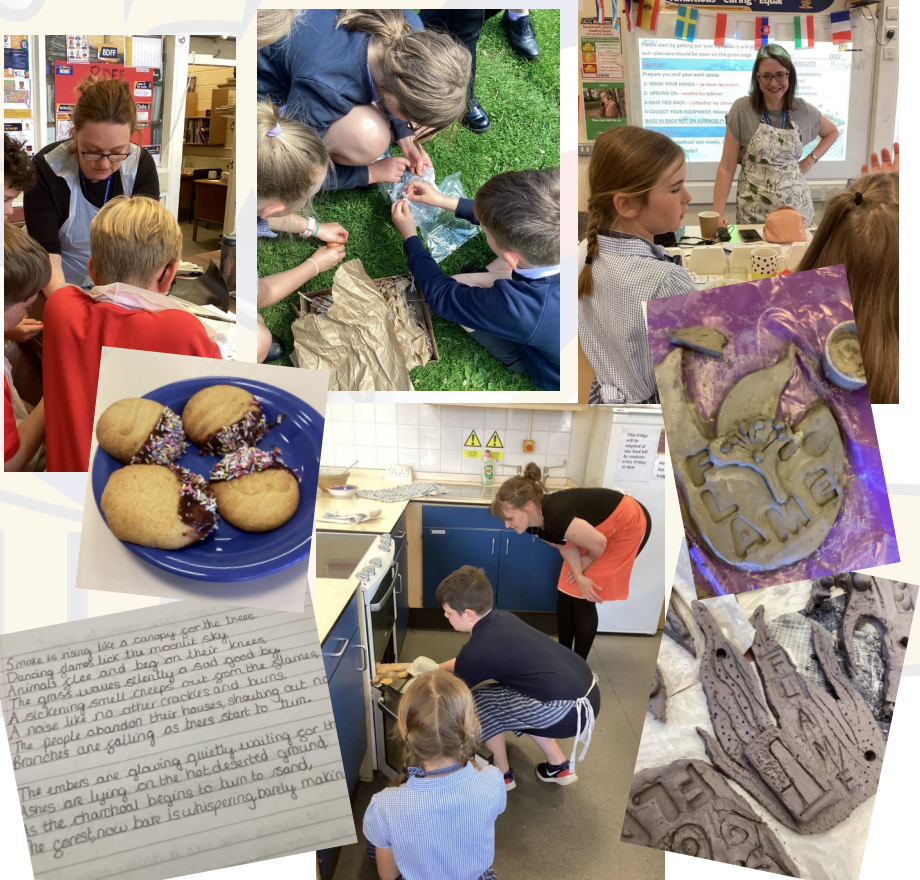


YEAR 5 PUPILS EGGSPERIENCE UCC

Pupils from local primary schools have been visiting UCC to experience lessons at secondary school. After making delicious biscuits in DT and developing their French vocabulary by learning the French words for the ingredients and methods, they wrote poems, made ceramic tiles and created a parachute for eggs, supplied by Sainsbury's and The Lakes Free Range Egg Co (click [here](#) for their press release).

Their work was topped off by the Year 5 open evening on 30 June

A great time was had by all!



a message FOR YEAR 9

As we start the holidays it is certainly time to take a moment or two to reflect on what the year has been like for those in Year 9 and to take stock of our achievements.

Being the first complete year of school at UCC has been a challenge as we endeavour to find our feet again and manage the steady focus of a working week. With occasional bouts of Covid doing their best to hamper our efforts, it has been pleasing to see how well the year group has tackled these challenges with such resilience. As a result, they have had a chance to really flourish and find their place within the school, making informed and sensible decisions about their options for GCSE courses next year and making the most of what is on offer. I have been so pleased to see

just how wide ranging these have been and to spend time with these exceptional young people as they complete Key Stage 3.

The Year 9s have seen really strong results in terms of the number of ATL points amassed, with Salim Douma making an early lead on overall points to spend much of the year at the top of the whole school for attainment!

In addition there have been numerous badges, certificates and medals distributed to pupils for ATLs, gymnastics and cheerleading, with many pupils from the year representing the school at high-level tournaments. We have also seen a large number start their Duke of Edinburgh Award challenges, with long expeditions over the weekend and some truly excellent engagement not least with the volunteering side of the award.

Last week saw the first Sports Day in quite a while, and the first for the Year 9s at UCC. What a fabulous day this was, with a huge number of pupils getting involved and taking part. I can truthfully say that the day spent out on the fields in the company of these young people has been a true highlight of my time at UCC and one that I will look back on often!

It has been a real joy to lead this year group again this year and I am looking forward to seeing how well they make their first impressions when they start their GCSE courses in September.

In the meantime, I wish all those in Year 9 and their parents and carers the very best of holidays and a well earned break!

Mr Forrest
Head of Year 9



FILM EVENT – LITTLE WOMEN

Thank you to all the students who came to support the 'Feminist Friday' film event – it was a fun night, everyone enjoyed the film and we raised £7.45 for a yet-to-be-decided worthy cause!

Ms Bardy

SUMMER MUSIC CONCERT

On Friday 1 July the music department was pleased to be back on stage performing after nearly 3 years. The audience was treated to music from the street band, training band, concert band and big band, as well as pieces by the string group, woodwind group and brass band. There was also a range of soloist and duets from music students.

The variety of music was staggering, and Mr Shearer managed the transitions with his witty repartee as the compere. The musicians have already started planning their next concert, so watch out for the adverts!

Mrs Ridley



MATHS CHAMPIONS!

Students in years 7 and year 8 took part in the nationwide Junior Maths Challenge this term. The following received awards for their results. Well done to all who participated!

Mr Marshall

Year 7		
Lee	Burrows	Silver (best in school)
Ella	Dalgleish	Bronze
Emma	Davies	Bronze
Nathan	Sulinski	Bronze
Annabel	Walker	Silver
William	Yerbes Ballesteros	Silver
Year 8		
Eddie	Harrison	Bronze
William	Heape	Silver (best in year)
Ethan	Robinson	Bronze
Lily	Salt	Bronze
Claudia	Savage	Silver
Alfie	White	Bronze

SUMMER SELF-CARE ACTIVITIES FOR STUDENTS AND CARERS

Please find below a list of resources that may be useful for students, parents and carers to access during the summer holidays to support with their health and wellbeing. There is also a document attached on activities run by Cumbria County Council which also provides info on their SEND appropriate activities on offer.

KOOTH

Kooth are also delivering a free webinar for parents and carers in the wake of GCSE and A Level Results Day. Attached to this email is the flyer on this, with details and links necessary for registering to attendance the webinar.

Support from Kooth is available all summer for those finding it challenging, who may be feeling loneliness from being away from friends, increased anxiety with the change in their routine or difficulties maintaining healthy sleep habits due to the longer and lighter evenings. Kooth is a community to reach out to and engage with as a means to access further support when needed. For further information please visit their website (address provided on the attached).

FREE EXAM RESULTS WEBINAR FOR PARENTS AND CARERS

The Anna Freud Centre is offering free webinars to all parents and carers of children in Year 11 and Year 13 receiving their exam results this summer on supporting the wellbeing of young people before and after exam results day. The webinars will provide parents and carers with strategies to support those waiting on their results and will also include tips for parents and carers to manage their own wellbeing during this time. For further info and to book your place please link to website [here](#).

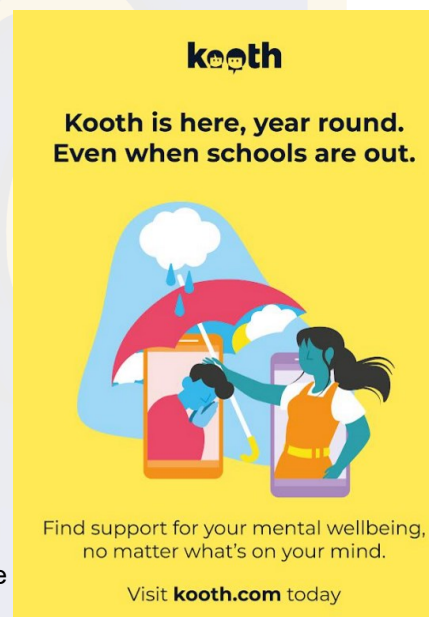
FREE WEBINAR FOR STUDENTS TRANSITIONING FROM SIXTH FORM TO UNIVERSITY

The Anna Freud Centre is also offering free webinars to provide an overview of what to expect in this period of transition, and will share strategies for students to manage their own wellbeing when starting out at university. For further info and to book your place please see [here](#).

FREE #SUMMERSELF CARE RESOURCES

[This link](#) provides a free resource that walks young people through a series of steps, helping them create a detailed self-care plan that works for them. The plan helps young people identify activities that they can use to support their mental health. It's adaptable on a weekly or monthly basis, so that it can fit differing schedules or priorities.

The resource was co-written by Anna Freud Centre experts and young people, who shared ideas on self-care strategies that work for them.



#SelfCareSummer

The summer holidays offer an opportunity to recharge, but some young people may find themselves struggling without the structure and support network of school.

Our free #SelfCareSummer packs help children and young people in both primary and secondary schools create their own self-care plans and we've created guidance for school staff to help maximise their self-care of the summer holidays.

[Access the free resources](#)



0 – 19 Child and Family Support Service –

Eden Newsletter July – September

FREE
fun for all the
family!

Welcome to our Summer Newsletter!



0-12 Activity Sessions for parents and children

Taking place in four of our locations over the Summer Holidays are our super fun Let's Get 0-12 sessions! Through these we will be exploring sun safety, healthy eating, big movements/sports, and weird science, **All sessions will run from 10:30am to 11:30am.**

Please contact the Children's Centre on 01768 899 901 to book your place

Appleby Children's Centre, Station Road, Appleby CA16 6TX

Tuesday 26th July
Tuesday 9th August
Tuesday 25th August

Garrigill Village Hall, Garrigill, Alston, CA9 3DS

Wednesday 27th July,
Wednesday 3rd, 10th, 17th, 24th, & 31st August

Meet at Kirkby Stephen Children's Centre, Local Links Kirkby Stephen CA17 4QX to

use open space at the Church yard,
Thursday 28th July
Thursday 4th, 11th, 18th, & 25th August
Thursday 1st September

Southend Road Football Pitch, Penrith, CA11 8JH. Situated behind Penrith Leisure Centre Astro turf pitch.

Friday 29th July
Friday 5th, 12th, 19th, & 26th August
Friday 2nd September

Family Scrان Plan



Come and learn how to make new deliciously healthy meals with our new Family Scrان Plan course! This will run at our **Penrith Children's Centre** and has limited space, with a maximum of 6 families able to book on. Book your place now so you don't miss out!

Running on Thursday's, 1:30pm-3:30pm

28th July, 4th, 11th, and 18th August,

**** Please note, booking is required for all of our sessions ****
**** We recommend keeping an eye on our Facebook page for any updates ****



Please get in touch with us to discuss how we may be able to support you and your child to fully access and enjoy our activities, and to be able to **share your comments/feedback**

If you know of anyone who would like this newsletter in a different language, please contact us with details of the language required.



E-mail: enquiries.eden@barnardos.org.uk



Telephone: 01768 899 901



Eden 0-19 Child and Family Support Services on Facebook

SPORTS DAY—15 JULY 2022

Despite the weather, Sports Day 2022 was a fantastic event. Here are some images



HELP WITH SCHOOL MEALS AND CLOTHING

The current situation is proving difficult for many people; free school meals and clothing vouchers are available if you receive one of the following qualifying benefits:

- Income Support (IS)
- Income Based Jobseekers Allowance (IBJSA)
- An income-related Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, provided you are not entitled to Working Tax Credit and have an annual income (as assessed by Her Majesty's Revenue and Customs) that as of April 2012 does not exceed £16,190. *Note:* From 1st May 2009, where you are entitled to Working Tax Credit during the four-week period immediately after your employment ceases, or after you start to work less than 16 hours per week, your children are entitled to Free School Meals, this may be extended
- The Guarantee element of State Pension Credit
- Universal Credit

Please note that you may not be eligible for free school meals or clothing grants if you receive working tax credits. Children who receive Income Support or Income Based Jobseekers Allowance in their own right are also entitled to receive free school meals.

HOW TO APPLY

Where possible, all parents and guardians should **apply online** – you will receive an immediate response advising you whether you are eligible or not.

If you are unable to apply online, please contact the free school meals team – telephone: **01228 606060**.

Please note: Children who currently receive free school meals and clothing grants do not need to apply each year.

RETURNING AFTER THE HOLIDAY

We look forward to welcoming everyone back to school in September. The return is staggered:

- Year 7, 11 & 12 students start back on Wednesday 7 September 2022
- All years are back on Thursday 8 September 2022

Term dates can be found on our website: <https://ullswatercc.co.uk/info/term-dates/>

FREE BREAKFAST

Free toast – with butter, jam, Marmite, etc. – is available to all students each morning from 8 am to 8.50 am in Westmorland Hall.

CONTACT US

We are always pleased to hear from parents. Please get in touch with us if you have any concerns:

E-mail: admin@ullswatercc.co.uk

Or visit the school website: www.ullswatercc.co.uk

COST OF LIVING SUPPORT

With the cost of living on the rise, there will be people in Cumbria who are struggling, whether that's emotionally, financially or just because they need practical help to get in touch and seek support.

It can be daunting to search through what is on offer and to find what you need. Cumbria County Council provides information for Cumbrian residents on a range of helpful topics:

- Food support
- Financial support
- Domestic abuse support
- Energy-saving advice
- Mental health support

Click [here](#) to access the Cumbria County Council web page.

PARENT GOVERNOR vacancy

Parents play a key role in helping UCC be as good as it can be. One area is where they become parent governors, a very important but satisfying role.

We have a vacancy for a parent governor, which we will be filling by holding an election very early in the autumn term. As a governor you become part of a strong team whose role is to support the school and make sure it is doing the best for all the students.

We hold four full governing board meetings a year and there are three sub committees, one dealing with curriculum and all the data about the students' performance, another overseeing finance and personnel and a new committee to cover safeguarding and wellbeing.

New governors are supported by a mentor and there is an expectation that some training, mostly online, will be undertaken to keep up to date and meet the expectations of being a member of a knowledgeable body who have oversight of the strategic direction of the school.

It is an exciting role, with opportunities to see the school in action in all respects and to deepen our own understanding of what is being done, and how well it is working.

If you are interested then please contact Eleanor Flood, Clerk to the Governors on clerk@ullswatercc.co.uk or myself – the Chair of Governors – at d.carter@ullswatercc.co.uk. If you decide you'd like to put yourself forward for election by the parent body – and it isn't as frightening as it seems, full information will be circulated in September.

David Carter, Chair of Governors

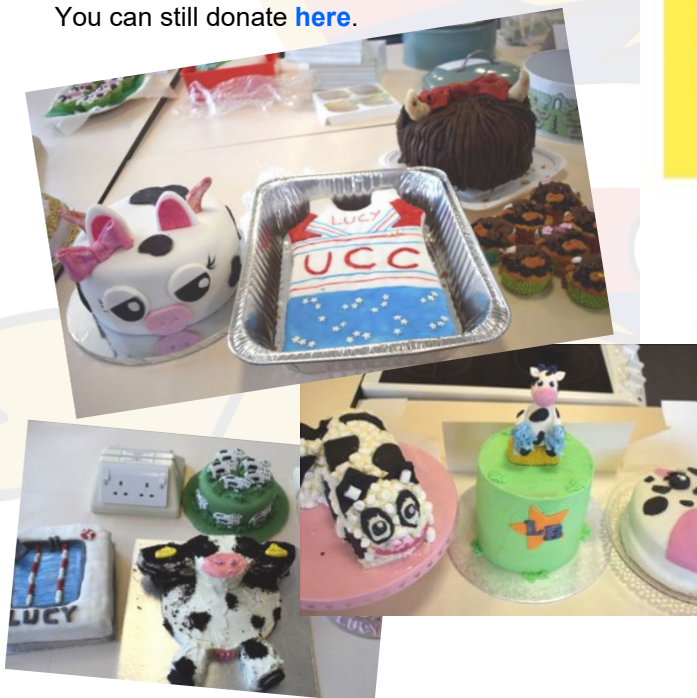
amazing cakes!

The UCC cake competition was amazing, with over 50 entries from all year groups and staff!

Congratulations to Ellie in Year 7, Connie in Year 8 and Khadija in Year 9.

Here are the winning line-ups...yum yum!

You can still donate [here](#).





**Come and enjoy
circus skills,
games, acrobatics
and fun activities.**

For ages 6 to 16.
Food provided



Summer Sessions July/August 22.

Appleby. 25/26/28/29 July 1/2/4/5 August 11am to 3pm Appleby Sports Centre	Penrith. 8/9/11/12/15/16/18 August 11am to 3pm Queen Elizabeth Grammar School	Alston. 23/24 August 11am to 3pm Alston Town Hall
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To book a place email
euphoriccircusyt@gmail.com

Supported by:



Uniform and Books



Do you have any UCC uniform that your child no longer needs?

Have you left school and have PE kit that you no longer require?

Please feel free to hand anything into UCC reception and we'll put all second hand uniform to good use!

Also, don't forget to return any library books or exam text books once you've left UCC!

Don't forget to order your uniform!



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