

UCC - Year 7 Scheme of Learning: PSHE Dept

		Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10	Week11	Week12	Week13	Week14	Week15
Autumn	Theme	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	British Values	British Values	British Values	British Values	British Values	British Values	British Values	British Values
		RSHE Transition and safety Transition to secondary school and personal safety in and outside school, including first aid PoS refs: H1, H2, H30, H33, R13, L1, L2							British Values Belonging, diversity, prejudice, and bullying PoS refs: R3, R38, R39, R40, R41							
	Topic	Transition	friendships	families and commitment	friends and gangs	Bullying or banter	being safe	helping in an emergency	British citizen	the law and extremism	the law and extremism	the law and extremeism	cyberbullying	social media	conscientious consumer	conscientious consumer
	curriculum intent	Students will examine strenghts and weaknesses of relationships, create skills in developing and sustatining friendships on and off line.							These lessons will aim to empower young people to: recognise examples of extremist behaviour and content online understand actions which could be identified as criminal activity							
Spring	Theme	Health	Health	Health	Health	Health	Health	Health	Health	Health	Health	Health				
		RSHE Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM PoS refs: H5, H13, H14, H15, H16, H17, H18, H20, H22, H34														
	Topic	sleep	energudrinks	drugs and alco vaping		body image	dental hygine	Mental health	anxiety	selfharm	loneliness	relaxation	growth mindset	puberty	puberty	puberty
	curriculum intent	Students will develop age-appropriate knowledge about substance use and the understanding and skills to manage influences young people experience in relation to tobacco, alcohol and other drugs. They will understand the impact substance use has on mental health, have have knowledge about how to get help and support.														
Summer	Theme	RSE	RSE	British values	British values	British values	British values	British values	British values	British values	Finances	Finances	Finances	Finances		
		Diversity and British values Role of government, elections, pressure groups in managing an effective, safe and sustainable country PoS refs: R3, R38, R39, R40, R41									First Aid		CIAG Developing skills, aspirations and Financial decision making Careers, teamwork and enterprise skills			
	Topic	government	democracy and voting	parlament	freedom of speech	pressure groups	water safety	summer safety	economy	economy	economy	bacic life support	bleeding	9 to 5 - bbc iplayer - work skills		
	curriculum intent	In these lessons, students will explore the physical changes that occur in boys and girls during puberty and the impact this can have on an individual's emotions,					Students will develop knowledge and undersatnding of democracy, how it works and the impact it has on our lives as UK citizens.					Students will learn: how the economy, and other factors, influences our decisions; about the role of the Bank of England how to ask questions that aid				