

UCC - Year 8 Scheme of Learning: PSHE Dept

		Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10	Week11	Week12	Week 13	Week 14		
Autumn	Theme	Personal development	Personal development	Personal development	Personal development	Health and well being	Health and well being	Health and well being	Health and well being	Health and well being	Health and well being	Health and well being	Finance	Finance	Finance		
		Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies PoS refs: H3, H4, H6, H7, H8, H9, H10, H11, H12, L24							Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use PoS refs: H23, H24, H25, H26, H27, H29, H31, H5, R42, R44				CIAG Financial life skills, learning personal responsibility, careers options Community and careers PoS refs: R39, R41, L3, L8, L9, L10, L11, L12				
	Topic	health and wellbeing	healthy relationships with ourselves	healthy relationships with our peers	friendships	friendships	unhealthy relationships	fighting and violent behaviour	drugs	alcohol	smoking and vaping	drugs awareness	money and budgeting earning money at work money and risk				
	Curriculum intent	RSHE - to explore and create a culture of self respect, personal motivation and responsibility, with the goal of developing healthy relationships with ourselves and creating meaningful relationships with others.					to evaluate the impact alcohol and drugs have on the individual and wider communities. To be aware of the real power of peer pressure.						to understand personal economics, and have the knowledge and skill to make informed economic decisions.				
Spring	Theme	British values	British values	British values	British values	British values	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE		
		British values and Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia PoS refs: R39, R40, R41, R3, R4, R42, R43					online safety			RSHE Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception PoS refs: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32			RSHE Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception PoS refs: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R33				
	Topic	British values and tolerance	cyberbullying	Educate against hate BV	Educate against hate extreme right	Educate against hate extreme right	cyberfix	cyberfix	LGBTQ+	Body image	sex ed intro	contraception			STI's	Teen Pregnancy	Sexting
	Curriculum intent	Why British values are important to how we live our lives. Explore what would happen if we didn't have these values. All schools are expected to promote the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs. #notinourschool								Students will understand the importance of sexual health and the resopnsibilitite and impact of			Students will understand the importance of sexual health and the resopnsibilitite and impact of				
Summer	Theme	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE	RSHE					
		RSHE Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception PoS refs: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32								First Aid							
	Topic	Romance	'Always here for you'	'Always here for you'	'Always here for you'	'Always here for you'	'Always here for you'	'Always here for you'	Always here for you'	asthma		allergies					
	Curriculum intent	perfect guy. They chat online, but Holly knows to be careful, she's heard the horror stories. As they grow closer and closer, chatting with Jay is all that makes Holly happy. Mum and Dad's rows get more intense and Amy's radio silence continues; the only one who un															