

UCC - Year 9 Scheme of Learning: PSHE Dept

		Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10	Week11	Week12	Week13	Week14	Week15		
Autumn	Theme	RSHE							CEIAG									
		Real Love Rocks - 1- Feelings Brains and Bodies							PREPARING TO MAKE YOUR OPTIONS Year 9 Careers Activities									
	Topic	Childrens rights feelings teen challenges	appreciation feelings wardrobe things I control	Brain science flip your lid	REgulating and grounding	Bodies	SMASHED - alcohol awareness		SESSION ONE BACK TO THE FUTURE	SESSION TWO YOU’VE GOT THE SKILLS TO PAY THE BILLS	SESSION THREE MAKING DECISIONS	SESSION FOUR GETTING STARTED WITH UNIFROG : INTERESTS PROFILE	SESSION FIVE GETTING STARTED WITH UNIFROG : PERSONALITY PROFILE	SESSION SIX THE WONDERFUL WORLD OF WORK	SESSION SEVEN THINKING ABOUT SUBJECTS YOU MIGHT STUDY	SESSION EIGHT PREPARING FOR YOUR ONE TO ONE		
	Curriculum intent	to understand the psychology of the teenage brain, to be able to respond to signs of stress and have a good self awareness. To understand the impact of peer pressure and alcohol.							CEIAG to explore career paths, requirements and to make informed choices about future steps									
Spring	Theme	RSHE																
		Body image				- 2 - Healthy Relationships and Consent				Real Love Rocks - 3 - Grooming and Exploitation Raise awareness of the complexities of grooming and exploitation in an age-appropriate way. To understand the pressures people feel, what exploitation and grooming are and to know how to keep ourselves safe. #notinourschool								
	Topic	Dove confident me.	Body image Male body image	eating disorders	Exploring my relationships/ making and ending realtionships	introducing consent power and control/ relationships contract	bullying / warning signs	who is in control?/ consent for me.	whata is exploitation? introducing grooming	Building trusting relatinoships / being groomed Kaileighs love story	Chole's story/ people who groom/ who's thinking what?	Bingo / who grooms/ push and pull factors	Forced marriage	Forced marriage				
Curriculum intent	to explore the dangers around comparing ourselves to others, the impact of socail media on self image, to be aware of the warning signs of eating disorders and to know where to get help. stance of healthy relationships is our wellbeing, to understand consent and the warning sig Raise awareness of the complexities of grooming and exploitation in an age-appropriate way. To understand the pressures people feel, what expli																	
Summer	Theme	RSHE												health		health		
		Real Love Rocks - 4 - Being Safe					Real Love Rocks - 5 - Technology and Relationships						First aid					
	Topic	What is missing? /informed chioces	Being safe story boards/animations	Child Criminal Exploitation / Gangs	when I am out and bout/ stay switched on animation	safety plan/ risk cards	Internet - Brain/teddy/box Finding information scams and misinformation Animation Impacts	online mental health myths or reality animation 2	dilemmas cyber bullying law quiz am i worried?	feeling good and pleasure in relationships mpact of porn	gender stereotypes what is sexual harassment? gender messages	What makes me happy?	choaking	head injury				
Curriculum intent	to understand our responsibility in being safe, knowing where to turn if help is needed, understand the real danger of gangs, county lines etc. are the complexities of relationships on and off line in moders society. To understand what actions need to be taken to be safe in relationships																	